



Springbrook Hospital's treatment teams are lead by Board Certified Psychiatrists and include therapists, case managers, nurses, activities staff and mental health technicians. The interdisciplinary team utilizes an individualized approach to help patients achieve their treatment goals.

Medicare and most HMO's and PPO's are accepted and financial arrangements for self-pay may also be made.



Referrals are made by family members, physicians, clinicians, community agencies, hospitals, ministers and the judicial system. Self-referrals are always welcomed. Programs are designed for individuals who are exhibiting one or more of the following symptoms:

- Increased Anxiety
- Agitation
- Depression, Hopelessness or Isolation
- Use of Medication or Alcohol Leading to Dependence
- Suicidal Thoughts/Attempts/Plans
- Homicidal Thoughts or Aggressive Behavior

Springbrook doesn't discriminate against any person on the grounds of race, color, national origin, gender, disability or age.

Admissions Criteria

Springbrook is designed for adults 18 years and older who are having difficulty managing symptoms of depression, anxiety, bipolar disorder, post-traumatic stress disorder, schizophrenia and other psychiatric diagnoses; or patients who have both a psychiatric and substance abuse diagnosis. Patients must be medically stable. Please consult with our admissions experts to see if you qualify for treatment at Springbrook.



Inpatient Mental Health & Co-Occurring Services



7007 Grove Rd
Brooksville, FL 34609
Phone: 352.596.4306
Fax: 855.803.1695

www.springbrookhospital.org

Solutions are found here

Springbrook Hospital

Springbrook Hospital is a free standing psychiatric facility which address both mental health and substance abuse issues

in an inpatient setting. It is located on Florida's West Coast in Hernando County, approximately 40 miles North of Tampa and 60 miles West of Orlando. Assistance with transportation is provided.

Springbrook Hospital is State Licensed, Medicare Certified and The Joint Commission Accredited. We strive to strengthen family communications, enhance self-confidence and help patients and their families cope with the pressures of daily living.



Programs at Springbrook

• Adult Psychiatric Services

Intensive treatment for individuals dealing with medical, emotional and psychiatric issues in a safe and secure setting.

• Intensive Treatment Services

Provides crisis stabilization and symptom reduction for individuals 18 years or older who are in acute psychiatric distress. This service treats patients both voluntary and involuntary in acute crisis who require immediate assistance in a secure, safe and structured environment.

• Eclipse Dual Diagnosis Program

This program is designed for those suffering from both psychiatric illness and substance abuse problems.

• Bridges Senior Program

Provides help specifically for those over 55 suffering from serious psychiatric illness and/or substance abuse.



Treatment Services Include:

- Group Therapy
- Individual Therapy
- Family Therapy
- Psychoeducational Focus Groups
- Therapeutic Activity Groups
- Detoxification from Drugs and/or Alcohol
- Medication Education
- Aftercare Planning/Discharge Planning
- AA/NA
- Relapse Prevention

Family involvement in treatment and/or aftercare planning is important to assure that the patient does not return to a toxic environment, which promotes relapse.



Sometimes we all need a little help getting through the rough times