



Springbrook's PHP Staff includes  
Board Certified Psychiatrist,  
Advanced Registered Nurse  
Practitioner, Registered Nurse,  
Licensed Clinical Social Workers,  
& Medical Practitioner



Our Partial Hospitalization Program (PHP) offers three convenient locations to serve you better

Springbrook PHP Brooksville  
7074 Grove Road  
Brooksville, FL 34609  
Office Phone: 352.597.8877  
Fax Number: 352.600.8959

Springbrook PHP Holiday  
1158 Alternate 19 North  
Holiday, FL 34691  
Office Phone: 727.934.3223  
Fax Number: 727.939.1994

Medicare and most HMO's and PPO's are accepted and financial arrangements for self-pay may also be made.



Springbrook's Partial  
Hospitalization Program (PHP)



[www.springbrookhospital.org](http://www.springbrookhospital.org)

# Solutions are found here

## What is the Partial Hospitalization Program (PHP)?

Springbrook's Partial Hospitalization Program is a treatment option for patients who do not require the intensity of inpatient hospitalization, but require more than the traditional outpatient therapy and medication management. PHP patients attend the program five days a week, which provides the necessary coping tools for everyday life. The PHP program counsels both psychiatric patients and substance abuse patients.



Springbrook PHP addresses many mental health issues including:

- Stress & Anxiety management
- Depression & Hopelessness
- Anger management
- Addiction
- Relapse prevention
- Medication education & management
- Coping with mental illness
- Symptom management
- Life coping skills

## Springbrook's PHP Services Include:

- Evaluation and Screening
- Weekly individual sessions with a psychiatrist
- Psychiatric & substance abuse groups with licensed therapist
- Referral information & aftercare planning
- RN assessment & monitoring of medication, side effects and compliance
- Coordination of care with attending physician & other providers
- Crisis intervention
- Non-institutional atmosphere
- Lunch Provided
- Transportation available



## Admissions Criteria

Springbrook's PHP is designed for adults 18 years and older who are having difficulty managing symptoms of depression, anxiety, bipolar disorder, post-traumatic stress disorder, schizophrenia and other psychiatric diagnoses; or patients who have both a psychiatric and substance abuse diagnosis. Patients must be medically stable and able to benefit from the five day a week group psychotherapy program. Mental health professionals are encouraged to refer patients to ensure continuity of care.



*Sometimes we all need a little help getting through the rough times*